

# OSS

(Officer Safety & Survival)

The OSS program is a systemic curriculum of principles and concepts which builds upon the foundational ACT! program of KunTao Silat for law enforcement professionals. The same gross motor movements are utilized creating more indelible motor memory in the subconscious and nerve pathways of the officer; however, the OSS program is geared specifically for responses by the officer to lethal attacks from a suspect or adversary. Laws and liability issues will be adhered to in response.

It has been said, “There is no silat without the knife.” The martial systems of Indonesia are globally recognized as primarily knife oriented and are highly sought after for answers to questions regarding protection and proficiency with edged weapons due to the knife culture which exists now in a virtually unchanged state for millennia. KunTao Silat is a pure Indonesian system that is always cognizant of weapons being present in any altercation. The OSS curriculum distinctly addresses the issue of lethal scenarios and the most effective tactics to utilize during an altercation (e.g., ambush, hidden edged weapons suddenly brought into play, sidearm seizure, weapon retention during CQB, realistic disarms in dynamic situations, etc.). Also, the fact that not all apparently lethal situations require lethal responses will be discussed, and how to mitigate the demonstrated and applied techniques when the perpetrator has surrendered.

While not a pre-requisite, the ACT! program will aid with instilling the proper mentality and awareness as well as the neuromuscular responses to OSS.

## OSS Curriculum (4 hours)

- I. Tactical Awareness Review– what is perceived upon approach and what is the potential?
  - A. Visual
  - B. Audio
  - C. Proximity
  - D. Demonstrations of Lethal Attacks and Potential
  
- II. Physical Principles and Responses to Lethal Attacks
  - A. The Wedge
    1. Review– all principles reinforced.
    2. Application of the Wedge in Dynamic Scenarios
      - a. Knife Attacks
      - b. Club Attacks
      - c. Firearm Threats
      - d. Ambush

- e. Weapon Retention
  - f. Weapon Disarms
- B. Sinking and Waist Turning (Cikalong)
  - 1. Review– all principles reinforced
  - 2. Application of Cikalong in Dynamic Scenarios
    - a. Knife Attacks
    - b. Club Attacks
    - c. Firearm Threats
    - d. Ambush
    - e. Weapon Retention
    - f. Weapon Disarms
- C. Overturning Palm (Fan Chang)
  - 1. Review– all principles reinforced
  - 2. Application of Fan Chang in Dynamic Scenarios
    - a. Knife Attacks
    - b. Club Attacks
    - c. Firearm Threats
    - d. Ambush
    - e. Weapon Retention
    - f. Weapon Disarms
- D. Djuru One (The Triple Hitter)
  - 1. Review– all principles reinforced
  - 2. Application of Djuru One in Dynamic Scenarios
    - a. Knife Attacks
    - b. Club Attacks
    - c. Firearm Threats
    - d. Ambush
    - e. Weapon Retention
    - f. Weapon Disarms

III. Weapons Usage by the Officer Utilizing the Gross Motor Movements of the Wedge, Cikalong, Fan Chang, and Djuru One for Minimum Exposer and Maximum Effect

- A. Impact Weapons
  - 1. Demonstration
  - 2. Application
- B. Edged Weapons
  - 1. Demonstration
  - 2. Application
- C. Firearm Deployment in Close Quarters
  - 1. Demonstration
  - 2. Application
  - 3. The Hip Girdle as a Target